

Yoga Club

Students participate in yoga and health awareness programmes, organize and participate in yoga competitions, workshops, seminars, national integration programmes and a project of SDM (Stop Diabetes Movement) under AYUSH, Ministry of Health and Family Welfare, Government of India. SDM is a collective effort to prevent India from becoming the world capital of Diabetes Mellitus and aim to make India the world leader in mitigating the sufferings of patients all over the country and as well as the world. Kanyabharathi is exclusively designed for female students. This moulded package creates and enriches moral values, developing, strengthening and maintaining a full- fledged interpersonal relationship and washes out unintended negative distractions.